



Basic Membership

Day / Time	Training Type	Coaches
Monday 6 PM / EST	Shooting & Finishing	Kiernan Limming, 3d Texas, Manager Patrick Tuohy, 3d Garden State, Director Paige Rogers, 3d New England, Girls Manager Pete Sessa, 3d New England, Associate Director
Tuesday 6 PM / EST	Defensive Footwork & Positioning	Bryan Reinert, 3d NE South & Tri-State, Manager Dave Hobson, 3d Garden State, Manager Paige Rogers, 3d New England, Girls Manager Pete Sessa, 3d New England, Associate Director
Wednesday 6 PM / EST	Advanced Wall Ball	Ryan Drenner, 3d Maryland, Manager Patrick Tuohy, 3d Garden State, Director Paige Rogers, 3d New England, Girls Manager Pete Sessa, 3d New England, Associate Director
Friday 5 PM / EST	The Art of Dodging	Craig Lepiane, 3d Upstate, Manager Brian Small, 3d Oregon, Director Susan Bankowski, 3d Oregon, Girls Manager Pete Sessa, 3d New England, Associate Director

**note Friday is now at 5 PM / EST*